

INTERNATIONAL STUDENT GUIDE



NOVA Medical School



Faculty of Medical Sciences, NOVA Medical School – Since 1977



+ 2000 students
in Medicine and in
Nutrition Sciences



+ 500 students
in postgraduate
programs



**+ 800 professors
and researchers**



**Practical and
innovative education**



**Integration between
Medicine and
Nutrition Sciences**



**Close relationship
between students
and professors**



**Active international
mobility**



**Real clinical
teaching in multiple
healthcare settings**



**Modern and
technological
infrastructure**

PREPARING FOR THE TRIP



Academic Formalities

Congratulations. Now you are at NOVA Medical School! Welcome!

After being selected and enrolled, the Academic Services of NOVA Medical School will email to you your Certificate of Enrollment, which serves as proof for the student visa application.

This document confirms your enrollment at NOVA Medical School, the course and duration, ECTS credits, tuition fees, insurance, and accommodation information.

You will also receive your student ID number, NOVA email address, access code for the Online Academic Portal, and library account credentials.

Entry and Stay in Portugal

To enter Portugal, students must present a valid passport (or a national ID card for EU citizens).

Most non-EU students are required to obtain a study visa before traveling, through the Portuguese consulate in their country of residence. Required documents typically include the Certificate of Enrollment, proof of means of subsistence, and proof of personal accident and travel insurance.

Visa Types

- **Temporary Stay Visa:** For study programs lasting up to 1 year; valid for multiple entries.
- **Residence Visa:** For longer study programs; allows entry to apply for a residence permit valid for one year and renewable.
- **Processing Times:** Approximately 30 days for temporary stay visas and 60 days for residence visas. Students should not enter Portugal without a valid visa.

Students holding a residence permit from another EU country under a mobility program must notify the Portuguese Immigration and Borders Service (SEF) at least 30 days before beginning their activities in Portugal.

Regularization in Portugal

Non-Schengen students are subject to border controls; the passport entry stamp marks the official arrival date.

Holders of study visas entering through other Schengen countries must declare entry to SEF in Lisbon within three working days. Failure to do so may incur fines.

For stays over one year, a Residence Permit must be requested through SEF within 120 days of visa validity.

Tourist visas are not valid for study or research longer than 90 days.

Proof of Address

- **University accommodation:** Request it from the Social Services Office.
- **Private housing:** Request a certificate from your local parish, providing your rental agreement and a utility bill in your name.
- **Tax Identification Number (NIF):** Issued by the Portuguese Tax and Customs Authority. Required to open a bank account or sign service contracts (internet, phone, etc.).

Applicants must designate a tax representative domiciled in Portugal (a Portuguese citizen or a foreign resident) to complete the application.



Opening a Bank Account

You can open an account at any bank if you are staying for more than three months.

Required documents: passport, proof of address, and NIF.

Students receive a debit card for withdrawals, payments, and purchases.

Banks are open Monday to Friday, 8:30 a.m. to 3:00 p.m.

Student ID Card

Issued upon enrollment. Required for library access and other campus services.

Registration in the National Health System (SNS)

Foreign students must present their visa/residence permit, proof of address, ID, and, if applicable, proof of enrollment.

EU students may use the European Health Insurance Card (EHIC) for temporary healthcare access.

Personal Accident Insurance

All students are automatically covered upon payment of tuition and registration fees. The insurance covers bodily injury during academic and extracurricular activities.

NOVA Medical School does not provide health insurance, which remains the student's responsibility.



Accommodation

University residences are managed by the Social Action Services (SASNOVA) and offer housing to both national and international students, subject to availability.

Benefits include:

- Quality facilities
- Affordable prices (€200–€500 for a single room)
- Central locations
- Easier integration into academic life

All contracts end at the end of the academic year. Summer stays are only possible with prior authorization.

Alternatively, NOVA Medical School has partnerships with private student residences and accommodation platforms to assist students in finding housing.

You can find all current agreements [here](#).

HOW TO ARRIVE?



NOVA Medical School is located in Colina de Santana, a central and historic area of Lisbon, well served by public transport.

BUS

730 Picheleira — Praça José Fontana

723 Desterro — Algés

767 Campo Mártires da Pátria — Reboleira (Metro)

760 Gomes Freire — Cemitério da Ajuda

Lavra's Funicular

Largo da Anunciada — Travessa do Forno / Torel

Metro

Stations:

Avenida (Linha Azul)

Martim Moniz (Linha Verde)



STUDYING AT NOVA MEDICAL SCHOOL

“The School that graduates
doctors of excellence”

“This is the place to prosper”

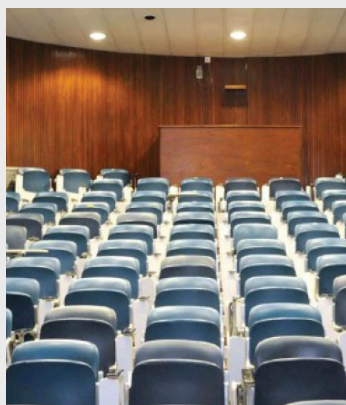
“The University is strongly
committed to research”

“My choice was mainly based on
the practical and innovative teaching
that the faculty offers...”

“Various other opportunities”

“I am extremely proud of the training
I received at NOVA Medical School.
I felt that I had a strong ability to solve
problems and empathize with my patients —
skills I recognize were decisively shaped by
my years of training at NOVA Medical School.”

CAMPUS INFRASTRUCTURES



—○ AUDITORIUMS



—○ LIBRARY



—○ KITCHEN LAB



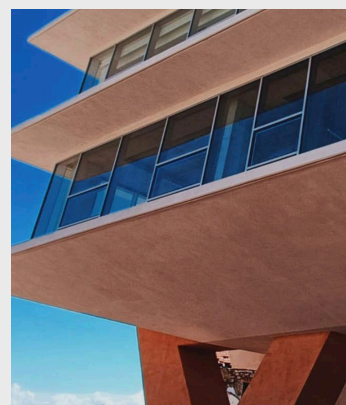
—○ CLINICAL
SIMULATION CENTER



—○ ANATOMICAL THEATER



—○ CLASSROOMS



—○ ADVANCED
EDUCATION

RESEARCH



At NOVA Medical School, we conduct cutting-edge translational research aimed at transforming scientific discoveries into practical applications that can respond to current health challenges. This approach bridges the gap between the laboratory and clinical practice, ensuring that new diagnostic and treatment tools, as well as prevention strategies, are developed and effectively implemented in the community.



INTEGRATED **MASTER'S DEGREE IN MEDICINE**



INTEGRATED MASTER'S DEGREE IN MEDICINE

The Integrated Master's Degree in Medicine (MIM), with a total of 360 ECTS credits and 12 academic semesters, incorporates two complementary training cycles:

- a) The **first cycle of studies** aims to obtain 180 ECTS, distributed over the first six academic semesters, totaling 5040 hours of student work;
- b) The **second cycle of studies** aims to obtain the remaining 180 ECTS, also distributed over six semesters, totaling 5040 hours of student work.

Educational Objectives

At the end of the study program, students should have acquired the skills essential for the professional practice of medicine, such as:

- Data collection in various clinical situations;
- Clinical reasoning in order to formulate provisional and definitive diagnoses;
- Making clinical decisions;
- Developing and deepening autonomy skills, in order to enable a careful selection of lifelong learning paths;
- Developing skills in the field of clinical research, namely in the formulation and implementation of studies and in the communication of results to the scientific community and the general public.

Career Opportunities

The main career paths for NMS graduates include clinical practice (hospital, general, and family medicine), public health, forensic and occupational medicine, as well as research and education

BACHELOR'S
DEGREE IN
**NUTRITION
SCIENCES**



BACHELOR'S DEGREE IN NUTRITION SCIENCES

The Bachelor's Degree in Nutrition Sciences qualifies graduates to practice as nutritionists, one of the most important professions in the health sector.

Nutrition Sciences teaching at NOVA Medical School, closely integrated with the teaching of Medicine, reflects a strong commitment to an interdisciplinary approach. This allows students to develop hands-on research skills, understand scientific associations and recommendations, and ensure more holistic and effective diagnostic and intervention strategies.

Educational Objectives

- Use concepts in the problematization and analysis of a given case or situation (simulated or real);
- Evaluate, analyze, and make decisions based on scientific evidence (Code of Ethics for Nutritionists, Art. 4, item d);
- Express personal opinions with reasoning;
- Take positions revealing a critical and/or humanistic and/or ethical attitude; express the ability to design strategies appropriate to different situations and in different scenarios;
- Perform the profession demonstrating a critical and/or humanistic and/or ethical and/or welcoming and/or respectful attitude in the development of various professional activities;
- Respect diversity;
- Participate actively in the debate on health policies.
- This degree allows future professionals to acquire skills in diagnosis, intervention and monitoring, process and people management, communication, and technology transfer.

Career Opportunities

- Hospitals
- Health Centers
- Clinics and Medical Offices
- Local Authorities
- Social Institutions
- Nursing Homes and Day Centers
- Daycare Centers and Nurseries
- Sports Clubs and Companies
- Public and Private Scientific Research Centers
- Higher Education Institutions and other training institutions
- Agri-food industry
- Catering and hospitality companies
- National and international governmental and non-governmental organizations in the field of health [Directorate-General for Health, World Health Organization, European Food Safety Authority (EFSA), UNICEF]

Areas of Practice

- Collective Food Service and Catering
- Clinical Nutrition
- Community Nutrition and Public Health
- Food Technology, Innovation, and Marketing
- Food and Nutrition Research





ASSOCIATED HEALTH UNITS AND PARTNER INSTITUTIONS

ASSOCIATED HEALTH UNITS AND PARTNER INSTITUTIONS

NOVA Medical School maintains academic cooperation agreements with the following institutions:

External to NOVA University Lisbon (UNL)

- External to NOVA University Lisbon (UNL)
- Military Academy
- Navy (Naval Academy)
- National Institute of Medical Emergency
- Dr. Ricardo Jorge National Institute of Health
- Instituto Superior de Ciências Sociais e Políticas
- Instituto Superior de Economia e Gestão
- Instituto Superior Técnico
- Instituto de Educação Médica
- Instituto de Biologia Experimental e Tecnológica
- Instituto Nacional de Investigação Agrária e Veterinária
- National Institute of Legal Medicine and Forensic Sciences
- Instituto Nacional de Saúde da Mulher, da Criança e do Adolescente Fernandes Figueira (Brazil)
- Instituto Politécnico de Setúbal
- Portuguese Institute of Blood and Transplantation
- Instituto de Salud Carlos III (Spain)
- Instituto Superior Técnico Militar de Luanda (Angola)
- Lisbon Institute of Global Health (ISGlobal)
- Universidade do Algarve
- Universidade Atlântica
- Universidade Católica Portuguesa
- Universidade de Coimbra
- Universidade de Évora
- Universidade do Minho
- José de Mello Saúde
- Colégio Campo de Flores
- Agrupamento de Escolas Rainha D. Leonor
- Colégio Amor de Deus
- St. Dominic's International School
- Universidade do Porto
- Universidade de Aveiro
- Universidade da Beira Interior

Universities in Brazil

- Universidade Estadual Paulista "Júlio de Mesquita Filho"
- Universidade Federal Fluminense
- Universidade Federal do Rio de Janeiro
- Universidade Luterana do Brasil
- Universidade de São Paulo – Institute of Biomedical Sciences
- Universidade de São Paulo – Faculty of Medicine
- Universidade de São Paulo – Centro Universitário Brasileiro

Universities in Spain

- Universidad de Granada

External to NOVA University Lisbon (UNL)

- Nestlé
- Eurest
- Santa Casa da Misericórdia de Lisboa
- Sintra City Council
- Lisbon Western Hospital Centre
- Lisbon Central University Hospital Centre
- Portuguese Diabetic Association
- Directorate-General of Health – National Diabetes Programme
- CUF Tejo Hospital
- Sport Lisboa e Benfica

Internal

- Escola Nacional de Saúde Pública
- Faculdade de Ciências Sociais e Humanas
- Faculdade de Ciências e Tecnologia
- Instituto de Tecnologia Química e Biológica
- Instituto de Higiene e Medicina Tropical
- Nova School of Business and Economics
- Nova Information Management School
- Associação de Estudantes da Nova Medical School | Faculdade de Ciências Médicas
- Nova Escola Doutoral
- Reitoria da Universidade Nova de Lisboa
- Novasaúde
- Tuna Médica de Lisboa
- Escola Superior de Saúde – Cruz Vermelha Portuguesa
- Faculdade de Motricidade Humana
- Faculdade de Medicina da Universidade de Lisboa
- Fundação Calouste Gulbenkian / Instituto Gulbenkian de Ciência
- Fundação Champalimaud
- Infarmed
- Fundação Amélia de Mello
- Centro de Histocompatibilidade do Sul
- Lnmd – Laboratório de Neurogastroenterologia e Motilidade Digestiva (Antigo Cede)
- Egas Moniz, Crl – Cooperativa de Ensino Superior
- Estbarreiro/lps
- Faculdade De Medicina Dentária
- Fundação Astrazeneca
- Fundação Maria Magdalena de Melo
- Fundação para a Computação Científica Nacional
- Fundação Ricardo Espírito Santo Silva
- Fundação Centro Cultural de Belém
- Fundação para a Ciência e Tecnonologia

Institucional:

- Fundação D. Pedro IV
- Fundação N. Sra. do Bom Sucesso
- Banco Santander Totta
- Centro de Educação Especial dos Açores
- Centro de Estudos de Doenças Esofágicas
- Centro de Medicina e Reabilitação de Alcoitão
- Escola Superior de Tecnologia da Saúde de Lisboa

Hospitals

- Centro de Saúde Sete Rios/ Unidade Aparece
- Clínica Psiquiátrica de São José
- CUF Cascais
- CUF Miraflores
- Fundação Champalimaud
- Hospital Beatriz Ângelo
- Hospital CUF Descobertas
- Hospital CUF Tejo
- Hospital Curry Cabral
- Hospital da Luz Lisboa
- Hospital de Cascais
- Hospital de Santa Marta
- Hospital de Santo António dos Capuchos
- Hospital de São José
- Hospital Dona Estefânia
- Hospital Egas Moniz
- Hospital Lusíadas Lisboa
- Hospital Professor Doutor Fernando da Fonseca
- Hospital Santa Cruz
- Hospital São Francisco Xavier
- Hospital Vila Franca de Xira
- IPO - Instituto Português de Oncologia de Lisboa
- Maternidade Alfredo da Costa
- Santa Casa da Misericórdia de Lisboa- Unidade W+

USF

- ULS Arco Ribeirinho USF Boa Viagem
- USF Almirante
- USF AlphaMouro
- USF Areeiro
- USF Colina de Odivelas ACES Loures/Odivelas
- USF Conde de Oeiras
- USF Cynthia
- USF da Baixa
- USF Dafundo
- USF Descobertas
- USF do Arco
- USF Flor de Lotus ACES Sintra
- USF Fonte Luminosa
- USF Jardins da Encarnação
- USF Jardins da Encarnação ACES Lisboa Central
- USF Linha de Algés
- USF Oriente
- USF Parque Cidade ACES Loures/Odivelas
- USF Quinta das Lindas
- USF Santo Condestável
- USF São Julião
- USF Sétima Colina ACES Lisboa Central
- USF Valflores ACES Odivelas
- USF Vasco da Gama

ACES

- ACES Almada - Seixal - ARSLVT
- ACES Amadora - ARSLVT
- ACES Amadora_USF Águas Livres
- ACES Amadora_USF Alma Mater
- ACES Amadora_USF Arco-Íris
- ACES Amadora_USF Venda Nova
- ACES Arco Ribeirinho - ARSLVT
- ACES Cascais - ARSLVT
- ACES Cascais_UCSP Parede
- ACES Cascais_USF Carcavelos
- ACES Cascais_USF Costa do Estoril
- ACES Cascais_USF Marginal
- ACES CUF_Alvalade
- ACES Lezíria - ARSLVT
- ACES Lisboa Central - ARSLVT
- ACES Lisboa Norte - ARSLVT
- ACES Lisboa Norte-USF Benfica Jardim
- ACES Lisboa Norte-USF Carnide Quer
- ACES Lisboa Norte-USF da Luz
- ACES Lisboa Norte-USF das Conchas
- ACES Lisboa Norte-USF Dona Amélia de Portugal
- ACES Lisboa Norte-USF Monsanto
- ACES Lisboa Norte-USF Professor Guilherme Jordão
- ACES Lisboa Norte-USF Rodrigues Miguéis
- ACES Lisboa Ocidental e Oeiras - ARSLVT
- ACES Loures Odivelas - ARSLVT
- ACES Oeste Norte - ARSLVT
- ACES Sintra - ARSLVT

ULS

- ULS Almada-Seixal
 - ULS Almada-Seixal-USF Costa do Mar
 - ULS Almada-Seixal-USF Cova da Piedade
 - ULS Almada-Seixal-USF Nova Caparica
 - ULS Almada-Seixal-USF São João do Praga
 - ULS Almada-Seixal-Via Verde Saúde Almada
 - ULS Almada-Seixal-Via Verde Saúde Seixal
- ULS Lisboa Central
- ULS Lisboa Norte
- ULS Lisboa Ocidental e Oeiras
- ULS Loures Odivelas
 - ULS Loures Odivelas-USF ARS Médica
 - ULS Loures Odivelas-USF Cruzeiro
 - ULS Loures Odivelas-USF Extramuros
 - ULS Loures Odivelas-USF Magnólia
 - ULS Loures Odivelas-USF Moscavide
 - ULS Loures Odivelas-USF Novo Mirante
 - ULS Loures Odivelas-USF Tejo
- Unid. Local Saúde Baixo Alentejo- UCSP Serpa
- Unid. Local Saúde Baixo Alentejo- USF Alfa Beja
- Unidade Local Saúde Baixo Alentejo- UCSP Beja

UCSP

- UCSP
- UCSP Lapa
- UCSP Marvila

OTHERS

- Agrupamento de Escolas Rainha Dona Leonor
- Alento, Associação para a Formação em Reanimação
- Associação Científica para o Desenvolvimento Científico da Cirurgia Plástica
- Associação Protetora dos Diabéticos de Portugal"
- Bmj Publishing Group Limited
- Colégio Campo de Flores
- Colégio S. Tomás - Apecef
- Colégio do Amor de Deus
- Ecrin-Eric
- Enzifarma
- Fisiogaspar
- Grupo Germano de Sousa
- Liga Portuguesa Contra O Cancro
- Mediterranean And Middle Eastern Endoscopic Surgery Association
- Novartis Farma
- Nutrium Healthium
- Ophiomics
- Ossmed
- Raríssimas
- Santa Casa da Misericórdia de Lisboa
- Sapec-Agro Portugal
- Sea4us
- Sociedade Portuguesa de Anestesiologia e Clube de Anestesiologia Regional
- Sociedade Portuguesa de Ciências em Animais de Laboratório (Spcaal)
- Sociedade Portuguesa de Cardiologia
- Sport Lisboa e Benfica – Futebol SAD
- St. Dominic's International School
- Super Bock Bebidas
- Tek4tourism
- Borboletanomada
- Universia
- Lilly Portugal
- Healthcare City (Consórcio)
- Mobfood (Consórcio)
- Alfasigma
- Pfizer
- Biogen
- Medac
- Laboratórios Vitória SA
- Merk Sharp Dohme
- Menarini Portugal
- Apah

SAS NOVA

CONTACTS

Travessa Estevão Pinto | Campus de
Campolide
1099-032| Lisbon, PORTUGAL
Phone: (+351) 213 715 600 |
sasnova@unl.pt

The Social Action Services of NOVA University Lisbon (SASNOVA) ensure that no student is excluded from university due to financial hardship. They provide direct social support to students in the 1st and 2nd study cycles through scholarships and emergency aid.

Food

SASNOVA is responsible for the canteens and cafeterias located on NOVA University campuses.

Housing

SASNOVA currently operates three university residences, offering a total of 460 beds for NOVA students. Priority is given to Portuguese scholarship holders and international mobility students.

Residences:

- Alfredo de Sousa University Residence – Lisbon (180 beds)
- Fraústo da Silva University Residence – Costa da Caparica (210 beds)
- Lumiar University Residence – Lisbon (70 beds)

Other Housing partnerships

Home now Liv'In

Home Now Liv'In offers the Baldaques university residence in the center of Lisbon, providing an ideal accommodation experience for international students.

Other Housing partnerships

Inlife

Inlife simplifies the process of finding accommodation in a new city by offering a wide selection of verified rooms and apartments for rent in Lisbon. For more information or support, please contact housing.novams@inlifehousing.com.

Find out more at: <https://inlifehousing.com/Lisboa>.

1/4 NETWORK

Rede 1/4 offers a selection of accommodation in Lisbon and the surrounding area, including single and shared rooms.

This exclusive service, developed by NOVA University Lisbon to support its students in their search for accommodation, aims to provide a more accessible and secure experience, ensuring that students find spaces that meet their needs and preferences at affordable prices. Find out more at: www.redeumquarto.pt

UNIPLACES

It facilitates the booking of accommodation for students, with a wide selection of spaces in Lisbon and the surrounding area. Students have a specific promotional code and simply need to request it by email: academico@nms.unl.pt

More information at www.uniplaces.com.

SPOTAHOME

Spotahome simplifies student accommodation booking with a wide range of options in Lisbon and surrounding areas.

More information at www.spotahome.com/pt.

UNE.IDADES

Une.Idades promotes home sharing between seniors and university students, creating a rich and safe intergenerational coexistence. Seniors over the age of 60 offer a spare room and, in exchange, receive companionship, light help with daily tasks, and monthly financial support.

More information at www.une-idades.pt.

YUP.

YUP. offers a new approach to co-living designed for students and young professionals who value comfort, convenience, and community. More information at www.yupliving.com.



Sports

SASNOVA supports student participation in university championships and promotes the organization of sports events.

Culture

SASNOVA encourages student-led cultural initiatives and organizes its own activities, including the NOVA Photography Contest, the NOVA Music Festival, and the NOVA Band Contest.

Child Support

SASNOVA provides indirect support through the operation of a childcare center – the Preschool Education Center (CEPE).

Human Development

The Human Development Office promotes personal and social development by offering activities that support students' integration and adaptation to university life.

Programs include mentoring, community volunteering, peer tutoring, and other initiatives that encourage both social and academic engagement.



Health

Medical consultations are available in psychiatry, clinical psychology, general practice, gynecology, family planning, and sports medicine.

Contacts

Tel.: (+351) 213 715 600

Email: saude@unl.pt

Office hours: Monday to Friday, 10:00 a.m. – 4:30 p.m.

SASNOVA is also responsible for coordinating the Social Support Fund, a program that assists students with immediate and urgent educational needs not covered by the Scholarship Regulations, as part of NOVA's social responsibility.

SCHOLARSHIPS AND AWARDS



SCHOLARSHIPS FOR ACCESS TO THE STUDY CYCLE



The UNL scholarship, which aims to ensure equitable access to higher education and vertical mobility between levels of study, is essential for improving social cohesion, equal opportunities, and citizens' quality of life. Based on the fundamental principle that all citizens should have the opportunity to fulfill their aspirations in life, NOVA University Lisbon aims to support the academic training of young people who have limited financial resources to continue their studies, in line with its policy of social support and promotion of diversity, namely through the awarding of scholarships for access to study cycles.

EMERGENCY ALLOWANCE

The Emergency Allowance is a subsidy intended to provide an immediate response to specific situations arising from contingencies or difficulties that have a negative impact on a student's normal academic performance and do not fall within the scope of DGES support. It is aimed at students who find themselves in a specific and exceptional situation of duly proven financial need.



MERIT SCHOLARSHIPS

DGES Merit Scholarships

Merit scholarships are awarded by public and private higher education institutions to students with exceptional academic performance, regardless of their income, in accordance with the regulations on the awarding of merit scholarships to students in higher education institutions.

Scholarships awarded by Faculdades da Nova

Each of the UNL faculties offers merit-based scholarships funded by their partners. These scholarships are announced by the Organic Units once the results have been assessed.

Scholarships and awards granted by companies

Granted by partners from various Organic Units. The information is disclosed by the respective faculties when the competition begins or the results are known.

LIBRARY



The NOVA Medical School Library is located in the burgundy building of the Faculty's Research Center, at Rua do Instituto Bacteriológico, 3.

CONTACTS

biblioteca@nms.unl.pt

Phone: (+351) 218 803 055

HOURS

During school terms: Monday to Friday, from 9:00 a.m. to 8:00 p.m.

During exam periods: Monday to Friday, from 9:00 a.m. to 9:00 p.m.

During school holidays: Monday to Friday, from 9:00 a.m. to 6:00 p.m., subject to change in extraordinary circumstances, which will be duly announced.

LIBRARY SPACES

The NOVA Medical School Library has a Reading Room with capacity for 132 people, a Research Room equipped with computers, and eight Study Rooms (maximum 2 people).

The Library also has a dining area with access to a microwave, an outdoor area with tables, and lockers.

- Floor 0: service desk, mezzanine, terrace (study and dining areas)
- Floor -1: study rooms and research room/computers
- Floor -2: reading room



LIBRARY RESOURCES AND SERVICES

SPECIALIZED COLLECTION

- Online catalog of existing works
- Institutional repository (theses and dissertations)
- Books and e-books
- Scientific journals
- Databases (PubMed, Scopus, Web of Science, Cochrane Library)
- Other resources (Access Medicine, AMBOSS, UpToDate)
- Reading Club
- Home loans
- Local consultation of Special Collections
 - Augusto and Jaime Celestino da Costa Professors' Collection with academic works and books from their personal libraries in the areas of medical history, histology and embryology, and cardiothoracic surgery.
 - Professor Jacinto Simões Collection contains copies of his academic works and books from his personal library in the areas of nephrology and general medicine, among others.
 - Professor António Saragoça Collection contains copies of his scientific works and books from his personal library in the areas of gastroenterology and general medicine.
 - The Professor António Rendas Collection contains copies of his scientific works and books from his personal library, with an emphasis on the fields of physiology, pathophysiology, the respiratory system, general medicine, medical education, and the history of medicine.

USER AND RESEARCH SUPPORT

- Management of on-site consultation of the general collection and special collections.
- Management of home loans and collaboration in interlibrary loans.
- Management of the acquisition of and access to bibliography and other information resources (databases, e-books, and online journals) in support of teaching and research
- Management of the NMS community in the Institutional Repository of NOVA University Lisbon – RUN (repository for theses and dissertations)
- Support for teachers and researchers in using the Research Information Management System – PURE
- Collection, management, and validation of scientific output, updating of CVs, and support in conducting bibliometric analyses
- Support for simple and complex research and the synthesis of scientific evidence (systematic reviews)
- Support for research data management

With the VPN installed, you can access off-campus resources.

IN-PERSON AND REMOTE TRAINING

- Simple and complex searches
- Synthesis of scientific evidence
- Bibliographic reference managers
- Good practices in scientific publishing (ethics and citation)
- Scientific publishing
- Bibliometrics



MOBILITY PROGRAMS

ERASMUS+ PROGRAM

This is the European mobility program par excellence, promoting student exchanges for studies and internships with the possibility of Erasmus+ grants to support expenses during the mobility period. The Mobility Center holds an annual information session for potential candidates and monitors students selected for mobility under the Erasmus+ Program throughout the process.

COOPERATION AGREEMENTS

The Mobility Center seeks to develop a structured network of Bilateral Cooperation Agreements, prioritizing partnerships with institutions in Latin America. Students at NOVA Medical School have the opportunity to undertake mobility periods at various higher education institutions that are part of the existing partnership network, which is constantly expanding.

ALMEIDA GARRET PROGRAM

This is a national student mobility program involving all higher education institutions represented on the Council of Rectors of Portuguese Universities. This program allows for a semester-long mobility period and aims to strengthen the national dimension and quality of higher education.

IFMSA SUMMER INTERNSHIPS

AENMS coordinates the annual clinical exchange program promoted by the International Federation of Medical Students Associations (IFMSA). This program allows medical students the opportunity to attend an unpaid clinical or research internship abroad for a period of four weeks to enrich their professional and personal résumé.



ELECTRONIC SERVICES

NOVA Medical School offers a range of services to students through its IT and Telecommunications Office.

ACADEMIC SERVICES PORTAL -netP@

The netPA portal serves the entire institution community. You can find Secretariat or Treasury services, all on a self-service basis, providing ease of use and high availability anytime, anywhere. The access credentials are your username and password (authentication via Shibboleth).

If you have any questions, please contact academico@nms.unl.pt.

E-LEARNING PLATFORM – MOODLE

Moodle is the e-learning platform that supports classes, providing access to all information related to curricular units, notices, and other resources of interest to students.

General public information can be found in the NOVA Course Guide.

For any questions, please contact your Course Secretariat.

EDUROAM NETWORK – EDUROAM

Enables the use of electronic services for Internet access at any participating university institution.

If you have any questions, please contact suporte@nms.unl.pt.

E-MAIL SERVICE - Office 365 Platform

Email service linked to the School for all students, through which internal communications are carried out.

If you have any questions, please contact suporte@nms.unl.pt

B-ON

The Online Knowledge Library (b-on) provides unlimited and permanent access to research and higher education institutions to the full texts of thousands of scientific journals and online ebooks from some of the most important content providers.

For any questions related to VPN, please contact suporte@nms.unl.pt.

For any questions related to publications, please contact biblioteca@nms.unl.pt.

This entire range of services is available on the NOVA Medical School website.

ACADEMIC ASSOCIATIONS



STUDENT UNION**CONTACTS**

Phone. (+351) 218 803 095

geral@aenms.pt

SCHEDULE

Monday to Friday (except Wednesday):

9:00 a.m. to 6:00 p.m.

Wednesday: 10:00 a.m. to 2:00 p.m. and 3:00 p.m. to 6:00 p.m.

The **NOVA Medical School Student Union (AENMS)** was founded in 1979 and represents all students at the school. Striving for innovation, dedication, and proximity, AENMS is made up of teams working in Communication and Technology, Science and Training, International Affairs, Educational Policy, Recreation, Social Responsibility, and Sustainability. It also has six hugely successful projects that are of great interest to students: **FRONTAL Magazine**, **FutureMD**, **Hospital da Bonecada®**, **iMed Conference®**, **MarcaMundos®**, and **Saúde Porta a Porta**. AENMS invites all new students to challenge themselves and be part of this project, seeking personal enrichment and developing a motivated and proactive student community. We are counting on you!

**ACADEMIC GROUPS**

Academic Activities also include the promotion of several groups, namely:

Grupo de Teatro Miguel Torga

gtmiguelorga@gmail.com

Tuna Médica de Lisboa

geral@tunamedica.com

Grémio Académico

gremioacademico@gmail.com

OTHER GROUPS

GreenNOVA

NOVA Debate

NEC | Catholic Student Group

EAT | Education Against Tobacco

Lisbon Medical Orchestra

Nowace

Alvorada



STUDENT SUPPORT OFFICE

STUDENT SUPPORT OFFICE

The Student Support Office (GAA) works closely with the NOVA Medical School Management, the Pedagogical Council, other Faculty services, and the Student Association (AENMS). The GAA responds to requests sent to it by NMS students, helping to resolve any problems they may encounter, such as:

- Those requiring psychological referral;
- Outlining solutions for cases requiring pedagogical support;
- Promoting peer support.

Mission

The Student Support Office's mission is to **integrate and support students** throughout their academic career, focusing on their **satisfaction and well-being**. Upon request, it aims to support and promote the design of **appropriate and personalized solutions to students' problematic situations**. It aims to promote the **monitoring and resolution** of these situations through close coordination with other internal or external services at NOVA University Lisbon (UNL).

Skills

- Refer students to psychological support and/or facilitate the provision of socio-educational support to students, whenever justified, liaising with various stakeholders in the educational community;
- Refer students to non-academic services and activities that promote the well-being of NOVA Medical School students;
- Propose the adoption of measures, solutions, and procedures for better integration and satisfaction levels among NOVA Medical School students;
- Help prevent situations of repeated retention, dropout, and/or truancy.

Confidentiality

Throughout the process, the confidentiality of the data and information provided will be ensured, and it will only be disclosed to those involved in the process and to the extent strictly necessary.

If you find yourself in a difficult situation, please do not hesitate to contact the Student Support Office so that we can help you!

DEAR STUDENT, BY YOU AND FOR YOU!

LOCATION

Academic Services > Student Support Office
NOVA Medical School
Nova University Lisbon
Campo Mártires da Pátria, 130 | 1169-056 Lisbon

COORDINATORS

Prof. Roberto Palma dos Reis
Prof. Marta Silvestre

STUDENT WELFARE AND SUPPORT

Bárbara Martins

EMAIL

gaa@nms.unl.pt

CONTACT NUMBER

+351 218 803 000

OPENING HOURS:

Monday from 12:30 p.m. to 3:00 p.m. (by appointment)

USEFUL CONTACTS



Academic Service: academico@nms.unl.pt;
Monday to Friday, 9:30 a.m. to 1:00 p.m. / 2:00 p.m. to 4:00 p.m.

Student Support Office: gaa@nms.unl.pt; Tel: +351 218 803 000;
Opening hours: Monday from 12:30 p.m. to 3:00 p.m. (by appointment only)

SOS Student: 239 484 020 (between 8 p.m. and 1 a.m.) Pedagogical Council:
pedagogico@nms.unl.pt

AENMS: geral@aenms.pt



nms.unl.pt



aenms.pt

NOVA Medical School
Academic Service
Group - to stay
up-to-date on all the
information.



INTERNATIONAL **STUDENT GUIDE**

